

# VICTORIAN ABORIGINAL PALLIATIVE CARE COLLABORATIVE



## Useful Resources

### Advance Care Planning

<a href="#">Taking care of business</a>	Taking Care of Business: Planning Ahead in Aboriginal and Torres Strait Islander Communities. 2008 NSW Govt: 36.
<a href="#">Advance Care Yarning</a>	Plain language guide to completing your Advance Care Plan. Respecting patient choices: Advance care yarning for Aboriginal and Torres Strait Islander people, SA Health. 2012
<a href="#">Pop Arthur</a>	This comic deals with Quality of Life issues for Aboriginal people who might be finishing up and family are in disagreement about what should be done. Introduces the role of palliative care nurse the idea of making wishes known including advance care planning
<a href="#">Article</a>	Sinclair, C., et al. (2014). "A public health approach to promoting advance care planning to Aboriginal people in regional communities." Australian Journal of Rural Health 22(1): 23-28.
<a href="#">MyFutureCare website</a>	In her video Darlene Dreise, Mission Executive, St Vincent's Toowoomba discusses the important role of Aboriginal hospital staff when talking about advance care planning to members of the Aboriginal and Torres Strait Islander communities. Video Gallery includes role plays and discussion about communication as well as practice examples. Resources includes a simple Advance Care Plan template.

### Palliative Care - it's the beginning of your health care dreaming

<a href="#">VACCHO Palliative Care brochure</a>	"Palliative Care - it's the beginning of your health care dreaming." (1 page brochure)
VACCHO Palliative Care booklet	"Understanding the palliative care journey: A guide for individuals, carer communities and family." (40 page A5 booklet available from <a href="#">VACCHO</a> )

### Communication tools

<a href="#">Report</a>	Queensland Health (2015). Communicating Effectively with Aboriginal and Torres Strait Islander people Aboriginal and Torres Strait Islander Cultural Practice Program, Queensland Health: 7..
<a href="#">Asking the Question... Training Resource</a>	This self-paced training program developed to ensure staff have the information, awareness and confidence to ask those accessing their service "Are you (or is the person) of Aboriginal and/or Torres Strait Islander origin?". Produced by Inner North West Primary Care Partnership 2014.

## Cultural Considerations in end-of-life care

<a href="#">Article</a>	McGrath, P. (2006). "Exploring Aboriginal people's experience of relocation for treatment during end-of-life care." International Journal Of Palliative Nursing 12(3): 102-108.
<a href="#">Report</a>	Sad news, sorry business: guidelines for caring for Aboriginal and Torres Strait Islander people through death and dying, 2012. Aboriginal & Torres Strait Islander Health Branch Queensland Health.
<a href="#">Article</a>	Maddocks, I. and R. G. Rayner (2003). "Issues in palliative care for Indigenous communities." Med J Aust 179(6 Suppl): S17-S19.
<a href="#">PEPA</a>	Cultural Considerations: Providing end of life care for Aboriginal people and Torres Strait Islander people. 2014 Program of Experience in the Palliative Approach (PEPA)

## Courses and Training

<a href="#">PEPA</a>	Program of Experience in the Palliative Approach (PEPA) empowers health professionals to deliver quality end-of-life care. PEPA provides Australia's only free placements in palliative care services for practicing health professionals (2-5 days duration) and free palliative approach workshops.
<a href="#">Learning Guide</a> (PEPA)	This Learning Guide for Aboriginal and Torres Strait Islander Health Workers is the workbook for the experiential learning pathway with PEPA
<a href="#">Link</a>	List of courses and training relevant to Aboriginal and Torres Strait Islander health (Australian Indigenous HealthInfoNet)

## Workforce

<a href="#">Career Development</a>	Shifting Gears: Identifying drivers of career development for Aboriginal and Torres Strait Islander workers in the health sector, 2014. The Lowitja Institute, Melbourne.
<a href="#">Aboriginal Health Workers</a> (AHW)	Aboriginal and Torres Strait Islander Health Workers/ Practitioners in focus. Australia's Workforce Series. Health Workforce Australia, Department of Health: (2014). 50.
<a href="#">Article</a>	McGrath, P. D., et al. (2007). "The case for Aboriginal Health Workers in palliative care." Australian Health Review: A Publication Of The Australian Hospital Association 31(3): 430-439.
<a href="#">Article</a>	Mitchell, M. and L. Hussey (2006). "The Aboriginal health worker." MJA 184(10): 529-530.

## Role of Aboriginal Hospital Liaison Officers

The Royal Melbourne Hospital has produced two videos about <a href="#">services to Aboriginal &amp; Torres Strait Islander people</a> .	<p>The first video starts with a welcome to country introducing Aboriginal people what to expect when attending the hospital including why they are asked the questions on admission. It also informs them of the presence and role of the hospital Aboriginal advocate in ensuring you are provided with culturally safe care. Well known Australian Aboriginal actors are featured and demonstrate the interactions and physical environment within the hospital.</p> <p>The second video respectfully introduces staff to the issues Aboriginal people face, including how/why staff utilize AHLO also about asking the question about Aboriginal status.</p>
PCC4U includes the focus topic	Palliative Care Curriculum for undergraduates (PCC4U) promotes the inclusion of palliative care education as an integral part of all medical, nursing, and allied

<a href="#">Caring for Aboriginal people with life-limiting conditions</a>	<p>health undergraduate and entry to practice training, and ongoing professional development. In <a href="#">Learning Modules Topic 2 Aboriginal populations</a> a video and workbook "Tom's Story" clearly demonstrates a patient interaction. This case study shows interactions between patient, carer, family, AHLO and non-aboriginal health professional staff.</p>
<a href="#">MyFutureCare</a> website	<p>In her video Darlene Dreise, Mission Executive, St Vincent's Toowoomba discusses the important role of Aboriginal hospital staff when talking about advance care planning to members of the Aboriginal and Torres Strait Islander communities. Also see link in <a href="#">Advance Care Planning</a> above.</p>